



**PLAN  
ACTIVITIES**

**CREATE  
A ROUTINE**

**LOCK UP  
THE MEDS**



When teens and tweens are at home, keeping them occupied can be a challenge. But letting them entertain themselves — possibly by using your prescription medications — is a lose-lose scenario. Of students who admitted to taking medication that wasn't prescribed to them, 14% said it was stolen from someone close to them. Remove temptation by locking medications in a safe place.

#yourmedsyourmatter  
yourmedsyourmatter.com



Source: Greenbush. (2017). Kansas Communities that Care (KCTC) Student Survey. Girard: Greenbush- The Southeast Kansas Education Service Center, on behalf of the Kansas Department for Aging and Disability Services. Retrieved from www.kctcdata.org